

Expedition Camp Kit List

All Scouts should pack their own rucksacks. They will need to carry their personal equipment on the camp.
This list is only a guide.

If you have any questions about the kit list please contact Richard/Andy

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|--|---|
| <input type="checkbox"/> Complete uniform to travel in | <input type="checkbox"/> Indoor shoes (to wear inside village hall) |
| <input type="checkbox"/> Mobile phone & charger | <input type="checkbox"/> Book & snacks for the journey and spare time |

For overnight expedition (Scouts will need to carry all in their rucksacks)

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| <input type="checkbox"/> Waterproof (coat and trousers) | <input type="checkbox"/> Personal washing/shower requirements |
| <input type="checkbox"/> Warm sweaters, jumpers or sweatshirts | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> T-shirts or similar | <input type="checkbox"/> Foam roll / Karrimat |
| <input type="checkbox"/> Trousers or shorts | <input type="checkbox"/> Plate, bowl, mug and cutlery |
| <input type="checkbox"/> Spare underclothes | <input type="checkbox"/> Polythene bags (for dirty/wet clothes) |
| <input type="checkbox"/> Spare socks | <input type="checkbox"/> Torch and spare batteries |
| <input type="checkbox"/> Nightwear | <input type="checkbox"/> Personal first aid kit & medication |
| <input type="checkbox"/> Waterproof hiking boots | <input type="checkbox"/> Plastic drinks bottle |
| <input type="checkbox"/> Small pillow (optional) | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Pocket money (£15 max.) | <input type="checkbox"/> Pocket knife & other survival tools (e.g. flint and steel, tinder etc.) - optional |

The following kit are required for the expedition but will be provided.

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|---|---|
| <input type="checkbox"/> Maps and map cases | <input type="checkbox"/> Compass |
| <input type="checkbox"/> Expedition tent | <input type="checkbox"/> Trangia and fuel |
| <input type="checkbox"/> Survival bag | <input type="checkbox"/> Survival blanket |
| <input type="checkbox"/> Food | |

For Water Activities and climbing:

- | | |
|--|----------------------------------|
| <input type="checkbox"/> Complete change of clothes (e.g. spare T-shirt, shorts) | |
| <input type="checkbox"/> Towel | <input type="checkbox"/> Daysack |
| <input type="checkbox"/> Appropriate footwear (e.g. water shoes/plimsolls/old trainers). NO CROCS, sandals, flip-flops please. | |

- Please make sure you have an expedition rucksack big enough to carry all your kit but not too heavy!
- Rucksacks must not exceed a quarter of your body weight.
- All items should be clearly labelled with the young person's name.